



## Display Screen Equipment (DSE) - E-Learning

### Course Aim

This DSE course helps to ensure that delegates understand how to properly take care of their health whilst at work by ensuring that their immediate working environment is at it's best.

#### Available in over 35 languages

Our courses are machine translated\* into a variety of popular International languages, so regardless of location or language preference, we've got you covered. Our machine translated content includes the translation of course transcripts and test questions.

*\*Content which is not English may be machine translated and is for assistive purposes only. We cannot guarantee the accuracy of translations.*

### Agenda

The course modules cover:

- Physical - At Your Desk
- Visual - Looking After Your Eyes
- DSE Stress
- Portable Devices

### Certification

Delegates will receive a HSS printable certificate in Display Screen Equipment upon completion of the course.

This course is approved and accredited by IOSH.

### Who Should Attend?

Delegates who regularly use display screen equipment are legally required to undertake DSE Training. This training course can help organisations work towards compliance with The Health and Safety (Display Screen Equipment) Regulations 1992 & can help avoid injuries in the workplace.

### Course Duration

This is a 25 minute course.